



Downsizing/De-Cluttering Suggestions

To help you decide what to move to your new home, try grouping items into these categories

- 1) Items to take to your new residence
 - 2) Items to give away to family/friends
 - 3) Items to sell
 - 4) Items to donate
 - 5) Items to discard
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Take 1-2 hours a day to sort through one room at a time. Some areas of your home will take more time than others, below are some helpful suggestions.

Downsizing the Kitchen

- Eliminate multiple sets of dishes, pie plates, casserole dishes, pots and pans, etc.
- Eliminate large items (i.e. roasting pans, mixers, serving dishes)
- Take inventory of food and cleaning supplies, try to use them before you move.
- Do not bulk grocery shop before your move.
- Discard any expired food. Keep in mind most spices lose their flavor after one year.

Cleaning out the Bathroom

- Discard any make-up, lotions, medicine, etc. that is expired or unneeded.
- Only take bedding for the size beds you will be moving to your new home.
- Review your new bathroom. Is there a medicine cabinet? Linen closet? Drawer space?

Organizing the Closet

- Eliminate items that you have not worn in 2-3 years, are soiled, torn or otherwise damaged. This includes shoes, ties, purses, and other accessories.